2022 EXCEL GYMNASTICS: Summer Class Schedule

Classes begin June 6th and end August 19th 11 Weeks Total

	Monday				Tuesday				Wednesday				Thursday				Friday				
8:00																					
9:00	Boys Recreational Ages 5-8	Open Gym 1-6 y.o.	Girl's Recreational Ages 5-7	USAG Boys Team Levels 4-10	Girl's Recreational Ages 5-7	Boys Recreational Ages 5-8	CARA Girls Recreational Team	USAG Boys Team Levels 4-10	Open Gym 1-6 y.o.	Intermediate Gymnastics Girls Age 6-9	CARA Girls Recreational Team	Boys Rockets Training Team	Girls Recreational Age 5-7	Boys Recreational Ages 5-8	USAG Girls Team - All Levels	USAG Boys Team Levels 4-10	Open Gym 1-6 y.o.	Girls Recreational Age 5-7	USAG GirlsTeam - All Levels	USAG Boys Team Levels 4-10
10:00		Parent/ Child ages 18 - 36 month															Dynamos 3.5-5yrs				
11:00	possible daycare				Dynamos 3.5-5 yrs								possible daycare				possible daycare				
12:00											Open Gym Elementary Grades 1-5										
1:00			Intermediate Gymnastics Girls Age 6-9	Outside Groups: KAC, Parks&Rec, B&G Club	Girls Recreational Gymnastics Ages 8+	Outside Groups: KAC, Parks&Rec, B&G Club		Boys Recreational Gymnastics Ages 8+	Outside Groups: KAC, Parks&Rec, B&G Club					Outside Groups: KAC, Parks&Rec, B&G Club					CARA Girls Recreational Team	Outside Groups: KAC, Parks&Rec, B&G Club
2:00																					
3:00																					
4:00					USAG Girls Team All Levels																
5:00																					
5:30																					
6:00																					
7:00																					